



THRIVIN'

THE NEWSLETTER OF BLACK PR WIRE, INC.



MARCH 2026

Honoring HerStory

Black PR Wire Recognizes Women's History Month

Women's History Month reminds us of the countless contributions women have made, often against extraordinary odds, to shape industries, strengthen communities, and move our world forward.

Throughout history, women have led with courage, creativity, and conviction. From entrepreneurs and executives to educators, healthcare professionals, creatives, and community advocates, women continue to drive progress in every sector. Their leadership fuels innovation. Their resilience inspires change. Their voices shift narratives.



Fueling Wellness: Small Nutrition Habits for Big Impact

March marks **National Nutrition Month**, an annual observance that encourages us to make informed food choices. Balanced nutrition is not about perfection, it's about intention, consistency and sustainability. Often, the most meaningful changes come from small, consistent habits.



Rooted in Stories – Honoring National Reading Month and the Power of Black Literature

This **National Reading Month**, we are reminded that books do more than just tell stories, they preserve our history and amplify the voices of those that might otherwise go unheard. Black literature keeps our stories alive. It honors where we've been, speaks to where we are, and gives us room to grow into who we're becoming.



Black PR Wire, Inc. is a premier news distribution service center that delivers to the very core and pulse of the Black community. The company holds a comprehensive listing of over 1,200

Black-owned publications and media, as well as provides services to social service and grassroots organizations and influential leaders throughout the United States and the Caribbean.

Plus, we provide our services in English and Creole. To find out more about Black PR Wire, Inc., call us toll free at 1-877-BlackPR or visit the website at: WWW.BLACKPRWIRE.COM.

"There is POWER in the Wire... At Black PR Wire, we distribute the news our media can use!"



Power Profiler: Ruth E. Carter | Costume Designer

Ruth E. Carter is a trailblazing, two-time Academy Award-winning American costume designer.

She made history as the first Black person to win the Academy Award for best costume design for *Black Panther* (2018). She later repeated that achievement with *Black Panther: Wakanda Forever* (2022), becoming the **first Black woman to win multiple Academy Awards** in any category and the first costume designer to win for both a film and its sequel. Most recently, Carter became the most-nominated Black woman in Oscar history after earning her fifth nomination for *Sinners* in 2026.

industry and over 70 credits across film, television and theater, Carter has built one of the most influential careers in costume design. She has collaborated with acclaimed directors including Spike Lee, Steven Spielberg, Ava DuVernay and Ryan Coogler, shaping the visual identity of projects that span generations and genres. Her work includes culturally significant films such as *Do the Right Thing*, *Malcolm X*, *What's Love Got to Do With It*, *Amistad*, *Selma*, *Dolemite Is My Name*, *Coming 2 America*, the *Black Panther* franchise and *Sinners*. Through thoughtful, research-driven design, Carter brings depth and authenticity to stories, particularly those centered on Black history and identity.

With more than three decades in the



MARCH 2026

This section is designed to keep you in the know and on the go. Check out some of the latest happenings in Black communities throughout the country this month.

CALENDAR OF EVENTS

OUR TEAM

<p>5 UNCF NATIONAL GALA</p>	<p>7 - 8 JAZZ IN THE GARDENS</p>	<p>11 - 15 BLACK ENTERPRISE WOMEN OF POWER SUMMIT</p>	<p>11 BWR 15TH ANNUAL WOMEN OF POWER NATIONAL SUMMIT</p>	<p>12 - 15 BLACK HERITAGE FESTIVAL OF LOUISIANA</p>
<p>16 - 18 A DREAM DEFERRED™ 2026</p>	<p>18 - 22 NATIONAL SOCIETY OF BLACK ENGINEERS ANNUAL CONVENTION</p>	<p>20 - 21 FORT WORTH AFRICAN AMERICAN ROOTS MUSIC FESTIVAL</p>	<p>21 BLACK CHILD DEVELOPMENT INSTITUTE-DC STATE OF THE BLACK CHILD SUMMIT</p>	<p>25 - 28 18TH NATIONAL BLACK WRITERS CONFERENCE</p>

Bernadette A. Morris
President/CEO
bmorris@blackprwire.com

Ricardo F. Reyes
AVP/Creative Director
reyes@blackprwire.com

Tanisha Coleman
Senior AE & Marketing Director
coleman@sonshine.com

Luisa Martinez
AVP/Comms Director
lmartinez@sonshine.com

Camry Brown
AE & Newsroom Manager
cbrown@blackprwire.com

Lauren Fong-Tom
Account Coordinator
lfong-tom@blackprwire.com

Camille S. Daly
Multimedia Designer
cdaly@sonshine.com

FOR A COMPLETE LISTING OF EVENTS, PLEASE VISIT WWW.BLACKPRWIRE.COM

BPRW ALLIANCES

Black PR Wire has several alliances and strategic partnerships with wire services and national organizations.

They include:



businesswire
A BERKSHIRE HATHAWAY COMPANY



WOMEN GROW STRONG



BLACKPRWIRE.COM

@BLACKPRWIRE



BLACK PR WIRE, INC.